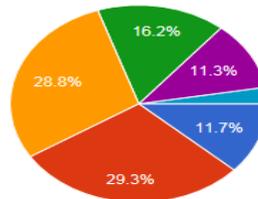




The Downs CEP School pupil's E-safety survey parent information factsheet

In term 3 the school conducted a survey of over 200 pupils across Years 2 to 6 asking questions about their online and gaming behaviour. We have produced a fact sheet for our parents highlighting some of the results.

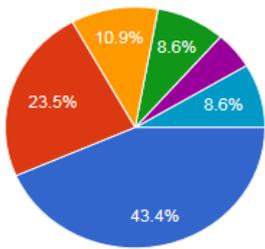
Time spent online - Asked how much time they spent online on a school night just over 30% of our pupils surveyed indicated that they were online for between 2 and 5 hours a night.



- I do not use the internet on a school night
Less than one hour a night
1 - 2 hours a night
2 - 3 hours a night
3 - 5 hours a night
over 5 hours a night

The effect of online activity on learning and mental wellbeing - When asked if they had ever played a game so long they had felt tired or worn out at school next day the responses were as follows.

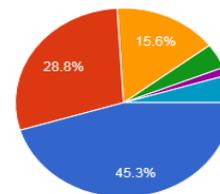
14% of pupils indicated that they were too tired either 'quite often' or 'most days'. This is likely to impact on their willingness to learn and academic potential.



- Never
Maybe once
Two or Three times
Sometimes
Quite often
Most days

Exploring online contacts - We explored the number of online friends the children had and their interactions with them. Just over 10% of our children have 50 or more online friends.

Where a child has a large number of online friends of whom they have no 'real world' knowledge it increases the risk of them being vulnerable to online exploitation.



- none
Less than 20
20 - 50
50 - 100
100 - 200
Over 200

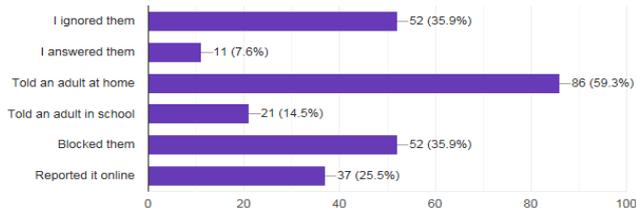
Just over a third of pupils reported that they had received at least one inappropriate message that was rude or made them feel uncomfortable.

Whilst it is encouraging that the majority of our pupils have never received such a message it is still very concerning that 37% of our pupils have been messaged in such a way, often more than once.

Table with 2 columns: Number of inappropriate messages, Number of children. Rows include None (63%), 1 (20%), 2 (4%), 3-5 (5%), 6-10 (4%), More than 10 times (4%).

What did you do / are you doing about these messages? (pick all that apply)

145 responses



We need to continue to support the children so that they know what to do if they receive inappropriate messages or material whilst online.

What games do they play online and how appropriate are they? – Pan European Games Information (PEGI) is a rating system for video games similar to the British Board of Film Classification for films and rates games on their age appropriateness.

Whilst games are rated on the content it should be borne in mind that any game with an online element, where people can talk and message whilst playing, risks exposing players to content that would be rated 18, such as language and inappropriate imagery or content.

The PEGI 18 games played by our pupils	
Call of Duty	48 Children (23.2%)
Assassin's Creed	23 Children (11.1%)
Battlefield	24 Children (11.6%)
Grand Theft Auto	27 Children (13%)
Red Dead Redemption	15 Children (7.2%)

Over half of our children who responded played 'Fortnite' which is PEGI 12 rated game. Parents can simply assume that it is safer than playing one of the PEGI '18' titles **but any online play still risks exposing children to inappropriate content.**

We asked if they had ever been so frustrated or annoyed by the game they were playing that they had thrown a controller or broken something and how often.

How Often	Thrown controller	Broken something
Never	105	148
Maybe once	48	36
Two or three times	20	10
Sometimes	22	6
Quite often	16	1
Most Days	7	3

When asked what had been broken replies included – ● Televisions (numerous responses) ● Controllers (numerous responses) ● Headsets (numerous responses) ● Phone and tablet screens (numerous responses) ● A window ● 'My bedroom wall – 6 times' ● 'My controllers 8 times' ● 'Mum's Crystal wedding ornament.'

We would encourage parents and carers to support their child's safety and wellbeing online by talking with them about online safety, responsible use of gaming and the internet and by supporting and monitoring their online activity. The risks to consider are called the 3C's

Contact – Who they interact with online and the content of those conversations.

Conduct – Both how they behave online and how others behave towards them.

Content – The material they have access to online and it's suitability for their age and the amount of time they are accessing it.

There is a whole host of parent support advice available from either the NSPCC, accessed by searching 'NSPCC' or at www.nspcc.org.uk, or from CEOP on their website www.thinkuknow.co.uk. You can also find some useful factsheets by going to our school website www.downs.kent.sch.uk and looking under the parent news tab for E-safety advice.