



The Federation of The Downs & Northbourne Church of England Primary Schools



*Chair of Governors: Dr A Eyden
Vice Chair of Governors: Rev D Ridley*

*"if you have faith as small as a mustard seed...nothing will be impossible."
(Matthew: 17 v20)*

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Safeguarding Lead: Mr M Turner*

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05 September 2019

Dear parents and carers,

New programme to support the teaching of PSHE



Since 2004 schools have had a statutory responsibility to teach children about well-being and support the development of their social, moral, spiritual and cultural understanding. As a federation we have achieved this through our daily practice but also through using carefully chosen resources.

In 2020 the statutory guidance will change and all schools will be required to teach the children about relationships. This will focus on the individual having a healthy relationship with their own mind before moving onto what positive relationships with others look like.

To ensure that our children receive the highest possible standard of education we have made the decision to work with 'Jigsaw'. Their child centred programme brings together PSHE education, emotional literacy, mindfulness, social skills and spiritual development. The programme was developed by PSHE specialists, teachers, health professionals and Diocese representatives. Each week children will move through the puzzle pieces exploring themes such as 'being me in my world', 'celebrating difference', 'dreams and goals', 'healthy me', 'relationships' and 'changing me.'

'Changing me' is taught throughout the school in the summer terms. It addresses in the younger year groups how the children's bodies have changed since birth, the names of body parts and then moving on to reproduction, puberty and conception in the older year groups. All of this learning is also part of the statutory Science curriculum in year 5.

Each of these puzzle pieces is presented in an age appropriate manner and will encourage the children to reflect and work collaboratively. Our Christian ethos and values will also be used as a foundation for learning.

Any themes that we feel may promote further discussion at home will be highlighted to you by the class teacher in advance.

Thank you for your continued support.

